

Philosophic and Foundational Commitments 1101 Prayer in the School	Administrative Application	
	Last Reviewed /Approved on:	September 10, 2026
	References:	Catechism of the Catholic Church Vatican News 2025 Policy 1 – Division Foundational Commitments and Board Strategic Plan Policy 12 – Role of the Director
	Status:	Operational

Preamble

"Faith and prayer are like salt in food; they give it flavor." — Pope Leo XIV, Vatican News, May 24, 2025

Prayer is an essential expression of Catholic education and supports the Catholic Church's call to a "vital and personal relationship with the living and true God" through prayer (Catechism of the Catholic Church, #2558). Prayer is understood as God's gift, covenant, and communion with humanity (Catechism of the Catholic Church, #2559–2565).

Rooted in this understanding of prayer and its central place in Catholic education, the following guidelines are provided to support staff in incorporating prayer appropriately and meaningfully in classrooms, school gatherings, meetings, and formal Division and school events.

Application

1. Prayer within the Regina Catholic School Division (RCSD)

a. Opening School Day Prayer

While prayer occurs throughout the day in our Catholic Schools, morning prayer is especially important as it reminds us of our relationship with God and sets a prayerful tone for the day.

Prayer begins with students and staff making the sign of the cross together.

b. Meetings

Meetings held at the school level, staff and/or committee meetings always begin with prayer.

c. School Assemblies Other than Liturgies

All school activities should promote gospel values; even when prayer is not the reason for gathering, there should always be a prayer incorporated with assemblies.

d. Special School Events

These are opportunities to acknowledge that we are a Catholic school division,

and we believe prayer is central to our relationship with God, others and the world. Thus, special school events such as Meet the Teacher Night, CSCC Meetings, Awards evening, etc. should begin with prayer.

e. Sports Events

Sports events are an important aspect of Catholic schools. A short introductory prayer prior to a sporting event asking for God's protection on all those who are competing is encouraged.

Selected Resources

For a list of current prayer and faith resources, please refer to the RCSD Portal under Catholic Education Services / Liturgical Resources, or consult the Catholic Education Services Coordinator.